

StrechCordz

Prices subject to change without notice.



WALTERS' SWIM SUPPLIES, INC.

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StrechCordz Long Belt Slider - S11875

A 2" padded waist belt with sliding attachment connected to a 20' length of latex tubing for resistance and assistance. Running the entire length of the tubing is our new KEVLAR safety cord which adds safety and security in case of breakage.

Resistance Levels: SILVER (3-8 lbs of pull), YELLOW (5-14 lbs of pull), GREEN (8-24 lbs of pull)
 Note: Please specify resistance level when ordering.

S11875	Each \$64.10	6+ \$51.30	12+ \$42.75
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StrechCordz Short Belt - S119

A 2" waist belt and buckle attached to a 4-foot length of heavy tubing used for push-off and stationary swimming in small backyard or hotel pools. One resistance level (Black = 30 lbs. of pull).

StrechCordz Adjustable Extension - S119EX

For use with StrechCordz Short Belt where a mounting device is not in close proximity to the pool. Adjustable extension provides a 6 foot length of webbing to reach fence, post or other stationary object. (not shown)

S119	Each \$33.90	6+ \$27.15	12+ \$22.60
S119EX	10.50	8.40	7.00



StrechCordz Grudge Belt-S120

Two belts connected by a 7-foot length of heavy latex tubing for swimming tug-of-war, barge pulls or many other exercises. One resistance level. (Black = 30 lbs. of pull).

S120	Each \$46.60	6+ \$37.30	12+ \$31.10
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StrechCordz Stationary Swim Trainer - S121

Designed for swim teams for in-place resistance swim training while using lane lines. Specifically used for training proper hip rotation, critical to stroke efficiency. Can also be used in home swimming spas where the jets are not powerful enough or do not exist for stationary swimming. One resistance level.

Green = 8-24 lbs. of pull

S121	Each \$36.70	6+ \$29.40	12+ \$24.50
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S130 - StretchCordz Jump Belt

Designed to enhance vertical leap by developing strength and quickness in the legs.

Available in 3 resistance levels: GREEN (8-24 lb of pull)
 RED (12-31 lb of pull)
 BLUE (14-34 lb of pull)

Each \$33.30	6+ \$26.65	12+ \$22.20
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StrechCordz Drag Belt / Tow Tether

8"- S1098 12"- S10912 16"- S10916

Unique design provides resistance with drag chute (provided), or with bucket (not included). Designed for resistance training for long swims. Drag chute is compatible with flip turns. Drag chute is available in three sizes: 8" (Yellow), 12" (Blue), or 16" (Black) chute. Please specify size when ordering.

All Sizes (8", 12", or 16" Chute)	Each \$27.00	6+ \$21.60	12+ \$18.00
Replacement Chutes	10.60	8.80	7.55



S123 StretchCordz Kick Trainer

Adds resistance to legs during kick sets. Assists ankle recovery from breaststroke kick as well as adding resistance to abdominal muscles during dolphin kick. (Please specify resistance level by color when ordering.)

Available in: Silver = 3-8 lbs. of pull, Yellow = 5-14 lbs. of pull, Green = 8-24 lbs. of pull

Each \$36.70	6+ \$29.40	12+ \$24.50
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S1225 StretchCordz Knee Elastic

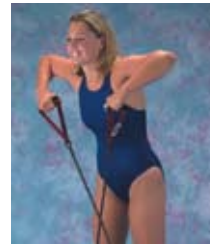
Used in the water for control of knee position during breaststroke kick. Also assists in adduction to facilitate recovery of groin injuries.

Each \$10.50	6+ \$8.40	12+ \$7.00
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S122E StretchCordz Ankle Elastic

Used in water to keep legs together for pulling.

Each \$8.30	6+ \$6.65	12+ \$5.55
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S100 StretchCordz with Handles

The original dry-land training device used for curls, tricep extensions, flies and lat pulls. Includes two, 4-foot dedicated tubes with handles and combination mounting loop. (Please specify resistance level by color when ordering)

Available in: Silver (8-10 yr), Gold (10-12 yr), Green (13+ yr)
 Red (15+ yr), Blue (adult)

Each \$37.80	6+ \$30.25	12+ \$25.20
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S101 StretchCordz with Paddles

The unique paddle design emulates a swimming pull. Includes two, 4-foot dedicated tubes with paddles and combination mounting loop. (Please specify resistance level by color when ordering)

Available in: Silver (8-10 yr), Gold (10-12 yr), Green (13+ yr)
 Red (15+ yr), Blue (adult)

Each \$43.00	6+ \$34.40	12+ \$28.70
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S102 StretchCordz with Leg Straps

A comfortable 2" wide leg strap provides resistance for leg adduction, abduction, leg extension and leg curls. Includes two, 4-foot dedicated tubes with leg straps and combination mounting loop. (Please specify resistance level by color when ordering)

Available in: Silver (8-10 yr), Gold (10-12 yr), Green (13+ yr)
 Red (15+ yr), Blue (adult)

Each \$42.00	6+ \$33.60	12+ \$28.00
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